



MARCH 2026 ISSUE

Newsletter

DIRECTOR'S CORNER - Continued Faithfulness

At First Choice Clinic, we are seeing the Lord's continued faithfulness as we enter 2026. While the cold winter months typically means a slower pace, that is not the case for the staff at FCC!

We are continuing to reach families in Red Wing and the surrounding communities in a practical and meaningful way. Our mission of empowering men and women in our communities to make healthy, life-affirming choices is being lived out daily through our words and actions.

The staff is aware that God is not only sustaining our ministry, but growing our influence and preparing us to bring the hope and healing that is so desperately needed. In the first 6 weeks of this year alone, we have seen over 9,000 diapers donated to our Baby Boutique! (see page 2 for details)

We are so thankful for every single one of our donors and their desire to help us fulfill our mission and vision. While we don't know all of the needs that God is preparing us to meet in 2026, He is faithful to make sure that we are well equipped.

One of our visions for 2026 is to walk alongside more women who are determined to end their pregnancies using the abortion pill. They are being told that it's safe and easy. We know that it is never safe, hardly easy and the ramifications can last a lifetime. Please join us in prayer as we embark on this very important mission.

With Much Hope,

Mara Gorenson
Executive Director

*"Your love, Lord,
reaches to the
heavens,
your faithfulness to
the skies."
-Psalm 36:5*

2025 Year in Review

First Choice Clinic serves women, children, and families through medical, educational, peer to peer, and material support services. The 5 employees are dedicated to the clinic's mission to educate and empower our community to make healthy, life-affirming choices. In 2025 we had the following impact:

- Served 82 clients
- Nearly 1,000 clinic visits
- Over 18,000 diapers earned by clients
- 2400 items of clothing and other items earned
- More than 650 spiritual discussions
- Talks at 10 high school health classes and 9 church groups
- Represented at 2 community events
- **7 BABIES BORN!!**

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CLINIC HOURS

- Tuesday 9 AM - 7 PM
- Wednesday 9 AM - 3 PM
- Thursday 9 AM - 7 PM

Join us! 2026 Events

APRIL 11th
Father/Daughter Dance
Red Wing

MAY 9th
Walk for Life
Cannon Falls

JUNE 20th
Run/Walks for Life
Red Wing & Lake City

AUGUST 3rd
20th Anniversary Celebration
Open House & Silent Auction

OCTOBER 8th
Luncheon Banquet
& evening Dueling for
Families Concert

THANK YOU!



To all participants and attendees of the Chili Contest held January 24th at St Mary of the Lake Catholic Church in Lake City MN. Many thanks to the church for hosting us and the CCW and Knights of Columbus members who helped with food and event logistics. It was a great success! Congratulations to the winners! We raised almost \$2000 for First Choice Clinic!!

Announcing our 2026 Special Event: A Dueling for Families Piano Concert!

- Celebrate 20 years of God's faithfulness at our Dueling Pianos Concert featuring Sweet Keys—an evening that will surely get you tapping your toes! Ticket sales begin July 15th.
- Help us support women & children by becoming an event sponsor. Scan the QR code for sponsorship packages.



OUR NEEDS

- Baby Hygiene products (bodywash/shampoo/diaper rash cream)
- Unscented wipes
- Clothing - 18 months to 5T
- Hooded towels & washcloths
- Gift Cards (Walmart, Target, Amazon) used to purchase large baby items like strollers, highchairs, cribs, etc...
- Sippy cups
- Clinic supplies (toilet paper, paper towels, stamps, disinfecting wipes, copier paper)

SPECIAL THANKS TO:

Catholic Daughters Court #1864, Wangen Prairie Lutheran Church and Hiawatha Valley Baptist Church for collecting over 9,000 diapers for FCC in 2026!



DONATE TO FIRST CHOICE CLINIC



www.friendsoffirstchoice.org

Your generosity is greatly appreciated. All contributions are 100% tax deductible. New items will be accepted and can be dropped off at the clinic during normal business hours.

Dueling for Families, Playing for Hope: 20 Years Strong

October 8, 2026

New River Church, Red Wing MN

RECEPTION 5:30 PM

CONCERT 6:30 PM

