



JANUARY 2026 ISSUE

Newsletter

DIRECTOR'S CORNER - 20 Years of Faithfulness

In 2006, First Choice Clinic was born out of a desire to serve men and women facing unplanned pregnancies with truth, compassion, and hope. Now, 20 years later, we are still faithfully walking alongside individuals and families as they navigate challenging circumstances and prepare for the gift of new life.

Through your prayers and generous financial support, we have been able to impact countless families—supporting moms and dads during pregnancy and walking with them through the early years of parenting. Your partnership has helped ensure that no one who walks through our doors feels alone.

We are deeply aware that this is a God-ordained ministry. Each day, we have the privilege of modeling the Gospel to every person who comes to First Choice Clinic. Without God's faithfulness—and without faithful supporters like you—our doors would not still be open today.

Our theme verse for 2026 captures the heart of our ministry:

“Your love, Lord, reaches to the heavens,
your faithfulness to the skies.”

—Psalm 36:5

This truth sustains our ministry, our staff, our board, and the clients we serve. As we walk in obedience, we are continually reminded that God's faithfulness has carried us every step of the way.

We look forward to a year-long celebration with special events and opportunities to reflect on all God has done over the past 20 years—and to look ahead with hope and expectation for the years to come. We are grateful to celebrate this milestone with you.

Serving Faithfully,

Mara Sorenson
Executive Director
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CLINIC HOURS

- Tuesday 9 AM - 7 PM
- Wednesday 9 AM - 3 PM
- Thursday 9 AM - 7 PM

Join Us for a
CHILI COOK-OFF
SATURDAY, JAN 24TH
HOSTED BY ST MARY OF THE LAKE
LAKE CITY, MN
6:30 PM

Calling all chili enthusiasts and culinary wizards!

Why join?

- Delicious Chili
- Fun for All Ages
- Raffles & Prizes
- People's Choice

HOW TO PARTICIPATE?
CALL FCC: 651-267-4357
INFO@FIRSTCHOICECLINIC.ORG

A fundraiser for First Choice Clinic

HAPPY NEW YEAR!

from the First Choice Clinic
Staff & Board Members

On January 5, the Board and Staff of First Choice Clinic came together for a Christmas dinner, celebrating the season and the hope found in the birth of Christ. We are thankful for the blessings this community makes possible through faithful support. In 2026, we plan to reach more clients and families and expand our programs. To learn more, contact Mara and consider inviting her to share at your church or another group.



Cindy (Board), Amanda (Director Client Services), Ted (Board), Dave (Board) Kathy (Receptionist), Mara (Executive Director), Regina (Board), Kevin (Board), Sylvia (Board). Missing from photo: Michelle (Nurse Manager), Debby (Client Advocate), Scott (Board)

2026 Events - Mark your calendars!



JANUARY 24th
Chili Cook-Off
St Mary of the Lake
Lake City



MARCH 7th
Pickleball Tournament
Goodhue High School



APRIL 11th
Father/Daughter Dance
Red Wing



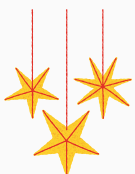
MAY 9th
Walk for Life
Cannon Falls



JUNE 20th
Run/Walks for Life
Red Wing & Lake City



AUGUST 3rd
20th Anniversary Celebration
Open House & Silent Auction



OCTOBER 8th
Luncheon Banquet
& Evening Special Event
To Be Announced

OUR MISSION

To educate and empower our community to make healthy, life-affirming choices.

OUR NEEDS

- Baby Hygiene products (bodywash/shampoo/diaper rash cream)
- Unscented wipes
- Clothing - 18 months to 5T
- Hooded towels & washcloths
- Gift Cards (Walmart, Target, Amazon) used to purchase large baby items like strollers, highchairs, cribs, etc...
- Sippy cups
- Clinic supplies (toilet paper, paper towels, stamps, disinfecting wipes, copier paper)

SPECIAL THANKS TO...

everyone who donated to the Christmas bundles that are handed out to each of the families we currently serve. We blessed these families with pajamas, toys, books, blankets, diapers, wipes and special gifts for the moms and dads. Thank YOU!!



**DONATE TO FIRST
CHOICE CLINIC**

www.friendsoffirstchoice.org

Your generosity is greatly appreciated. All contributions are 100% tax deductible. New items will be accepted and can be dropped off at the clinic during normal business hours.