



JANUARY 2025 ISSUE

Newsletter



DIRECTOR'S CORNER

BY MARA SORENSON

Dear Friends,
For me, there's something inspiring about the start of a new year. I cherish the idea of a "fresh start", a "blank page" just waiting to unfold.



As we start the journey of 2025 together, I am filled with a profound sense of hope and gratitude for all that we accomplished in 2024 at First Choice Clinic. The past year has been a testament to the power of unity, compassion, and unwavering commitment to the sanctity of life.

It's especially at this time of year that I like to reflect on the words of Ecclesiastes, where I find wisdom and inspiration that guide me forward: "To everything there is a season, and a time for every purpose under heaven" (Ecclesiastes 3:1). This timeless truth reminds us that our work, no matter how challenging, is part of a greater plan. Each season brings its own trials and triumphs, and through it all, we remain steadfast in our mission to protect and cherish every life.

OUR NEEDS

- Diapers - sizes 3-7
- Unscented wipes
- Winter clothing 2T-5T
- Baby hygiene products

Your generosity is greatly appreciated. All contributions are 100% tax deductible. New items will be accepted and can be dropped off at the clinic during normal business hours: Tuesday 9AM-7PM, Wednesday 9AM-5PM, Thursday 9AM-7PM.

VOLUNTEER OPPORTUNITIES

- Cleaning team
- Church partners
- Board of Director members

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As we look to the new year, let us embrace it as a season of renewal and growth. There is a time to heal, a time to build, and a time to sow seeds of love and compassion. Our endeavors are not in vain; they are part of the divine tapestry that weaves together the lives of those we serve and support.

In Ecclesiastes 4:9, we are reminded that "Two are better than one, because they have a good return for their labor." Together, we are stronger. Together, we can achieve the extraordinary. Your dedication and generosity have enabled First Choice Clinic to provide crucial resources and support to countless individuals and families. It is through your partnership that we have seen lives transformed and hope restored.

As we embark on the year ahead, let us continue to work hand in hand, inspired by faith and driven by love. Let us remain vigilant in our advocacy, compassionate in our service, and courageous in our pursuit of justice for the preborn. The challenges we face are great, but so too is our resolve.

Thank you for your unwavering support and for standing with First Choice Clinic in this noble cause. May the new year be a time of blessings, growth, and profound impact as we continue to uphold the sanctity of life.

With heartfelt gratitude and hope,

Mara Sorenson
Executive Director

"I would tell someone that if they are in need of help, they are there." - Dad @ FCC

"I like having a place to go when I'm in need of support and/or guidance."
- Mom @ FCC

IN MEMORIAM

Recent gifts to First Choice Clinic have been given in memory of: Ron Reinardy.

Please contact us at info@firstchoiceclinic.org if you are interested in giving in memory of a family member or loved one.

Did you know?

First Choice Clinic staff are trained to help with grief and to support women and men who have experienced abortions or the loss of a child through miscarriage or any other situation.

Our experienced staff can help.
Call us today!
No income restrictions.
Confidential. Free.



THANK YOU FOR DEC/JAN DONATIONS!



Thank you to the Catholic Daughters from Holy Trinity churches in Goodhue, SS Peter and Paul church in Mazeppa, and Saint. Joseph's church in Red Wing

Thank you St. Peter's, Belvidere Interested in hosting a drive at your church? Contact us for any assistance.

MARK YOUR CALENDARS FOR 2025 EVENTS!

Let us know if you or your business are interested in sponsoring.

Date	Event & Location	Sponsorship Opportunities
March 8th	Pickleball Tournament, Goodhue Schools	Event & Food sponsors
April TBD	Father/Daughter Dance, Red Wing	Event & Food sponsors
May 10th	Walk for Life, Cannon Falls	Event & Food sponsors
June 15th	5K Run/Walk, Red Wing	Event & Food sponsors
July	Christmas in July donations, local area	Host a Donation Bin
August 4th	Open House	Event & Food sponsors
October TBD	Annual Banquet & Silent Auction	Silent Auction donations Event & Food sponsors

CHRISTMAS BUNDLES

Special Christmas gifts to our clients and their families were distributed by First Choice Clinic, thanks to the generosity of staff and donors. The bundles included a blanket for each family member, pajamas, books, toys, diapers, wipes, and more!



"The parents were overwhelmed. It was truly wonderful to see their faces" - Mara Sorenson



PICKLEBALL TOURNAMENT REGISTRATION IS OPEN!

First Choice Clinic's 2nd Annual Pickleball Tournament is scheduled for March 8, 2025. The tournament will be at Goodhue School, 510 3rd Ave in Goodhue beginning at 10 a.m. Registration fee is \$50 per team. Pre-registration is strongly encouraged with walk in registration beginning at 9:30 a.m. The double elimination tournament will offer \$100 for first prize, \$50 for second prize and \$25 for 3rd prize. Pull your team together and get registered for this exciting event. For more information or to register, contact Kevin Altendorf at 651-301-5239 or call the clinic.

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On December 3rd, First Choice Clinic staff, board members, and volunteers prayed for each of you! Our donors are what makes this ministry possible. We prayed for your intentions and for continued blessings upon you.



SPONSOR OUR PRINTER & COPIER

The one printer and copier used by all staff is in need of replacement. Donate now to assist us!



DONATE TO FIRST CHOICE CLINIC
www.friendsoffirstchoice.org

CLINIC HOURS

- Tuesday 9 AM - 7 PM
- Wednesday 9 AM - 5 PM
- Thursday 9 AM - 7 PM